

# Spend the Day on the Manchac Greenway

Louisiana's River Parishes has interesting and intriguing wetlands scattered throughout its River region. The destination is home to significant portions of the Maurepas Swamp Wildlife Management Area Nature Trail, offering a quick retreat and getaway for nature lovers and travelers. One way to enjoy the Maurepas Wildlife Nature Trail is to Spend the Day on the Manchac Greenway. The Manchac Greenway, Louisiana's Swamp Road, is a thoroughfare of nature that leads to a web of bayous and canals, biking and hiking trails, countless species of birds, and spectacular views of green foliage.

## **TURTLE COVE GALVA CANAL BOAT SHED** **Turtle Cove Environmental Research Station**

The exploration begins traveling north on Louisiana's Swamp Road to the Turtle Cove Galva Canal Boat Shed. The shed features a selection of boats: pirogues, skiffs, mud boats, a forty foot pontoon boat, and a presentation classroom where the history of the Manchac Wetlands is told.

## **SHELL BANK BAYOU** **Wild Louisiana Tours**

Traveling ten miles south on the Swamp Road from the Turtle Cove Galva Canal Boat Shed is Shell Bank Bayou. Wild Louisiana Tours offers kayaking trips through the ancient logging canals on the bayou that offers endless opportunities to explore nature in the wetlands. A kayak escort with Wild Louisiana Tours tells the history of the Manchac Swamp that was once two logging towns.

## **FRENIER FISHING VILLAGE** **Bec's at the Lake Restaurant**

After a kayaking escapade on Shell Bank Bayou, continue to travel south on the Swamp Road to the Frenier Fishing Village to dine at Bec's At the Lake Restaurant and Bar for lunch. Bec's offers indoor dining upstairs in the restaurant and outdoor dining downstairs in a covered patio that showcases an entrance of Lake Ponchartrain.

## **FRENIER FISHING VILLAGE** **ZipNOLA**

Across the railroad tracks, still in the Frenier Fishing Village, is ZipNOLA. ZipNola is a zipline thrill over the Manchac Greenway, presenting perfect views of alligators, turtles, eels, and many other amphibians and wildlife.

## **MANCHAC SWAMP** **Cajun Pride Swamp Tours**

Leaving Frenier Fishing Village and traveling seven miles south on Louisiana's Swamp Road is Cajun Pride Swamp Tours. Cajun Pride offers an expedition on a pontoon boat that is an informative, educational, and relaxing swamp tour, featuring the uniqueness of the Manchac Swamp told by boat captains who still live off the land.

## **FRENIER FISHING VILLAGE** **Frenier Landing Restaurant & Oyster Bar**

Again, back in the Frenier Fishing Village is Frenier Landing Restaurant and Oyster Bar. Overlooking Lake Ponchartrain, Frenier Landing is perfect for having dinner, featuring live music and entertainment on Thursday, Friday, Saturday, and Sunday nights.



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